

Rebecca Giammarino

Phone: (403) 701 - 2075 E-Mail: rebeccagiammarino@gmail.com

Education and Training

Bachelor of Applied Ecotourism and Outdoor Leadership **2011-Present**

I am currently in the fourth year of my degree at Mount Royal University in Calgary, AB.

Aboriginal Awareness Training **2014**

Ghost River Rediscovery, Calgary, AB.

200-hr Ashtanga Yoga Teacher Training Certification **2013**

Ashtanga Yoga Victoria/Yoga Shala Calgary, AB.

Swiftwater Rescue Technican Level 1 **2013**

Raven Rescue, Whitehorse YT

Avalanche Skills Training 1 **2013**

Canadian Avalanche Association, Calgary AB/Sunshine Village

Advanced Wilderness First Aid 90-hr **2012**

Slipstream First Aid, Canmore, AB. This course included CPR Level "C".

Experience and Relevant Accomplishments

President of the Outdoor Adventure Club **September 2013-Present**

- Outdoor Adventure Club is a Students Association of Mount Royal University (SAMRU) Club that takes university students on adventures in the mountains (hiking, mountain biking, snowshoeing, XC skiing, forest yoga).
- Plan activities, logistics for these activities, develop risk management plans.
- Plan fundraising events and marketing/awareness of the club.

First Place in the Annual ETOL Film Night **November 2014**

- Won first place in the people choice at an annual amateur film night for a film collaboration about a field school and sea-kayaking expedition in Norway.

Assistant Guiding **May 2014, September 2014**

- Planned and lead the MRU Cougars Men's Volleyball Team Building backpacking weekend.
- Planned and lead the 'Foundations of Outdoor Leadership' course backpacking trip in May and again in September.

Norway Field School and Expedition **May 2014-July 2014**

- Spent one month in Norway learning about Norwegian culture, fly fishing and mountaineering. Planned and lead 2 tour days.
- Planned and participated in a 12 day sea kayaking expedition on the Norwegian fjords.

Junior High 'Adventure Days'**October 2012**

- My classmates and I planned, organized and ran 'Adventure Days' for a local junior high. One day of soft skills (team building, leadership and group dynamics) and one day of technical skills training (orientation, survival skills, first aid, cooking in the back country).
- We planned all aspects of the day including transportation, permits, contingency plans and risk management.

Interpretation**Ongoing**

- Throughout my degree I have created and presented numerous interpretive presentations on various subjects. I have made these presentations on astronomy, Leave No Trace Fires and aurora borealis to name a few.

10-day Mountaineering Expedition**August 2012**

- In August of 2012 I was part of a university run mountaineering expedition to Lake of the Hanging Glaciers and surrounding area in the Purcell Range.
- On the expedition we learned hard skills as well as took turns in teaching and leadership roles.

Work & Volunteer Experience**Ghost River Rediscovery****December 2013-March 2013**

- Volunteering with youth on urban evening programs and weekend activities.

4th Spot Restaurant and Bar**Nov 2011-July 2012**

- Server, Bar back and Hostess.

Totalitea**Sept 2007--Feb 2009, July 2010-Jan 2012**

- Customer Service, Sales, Tea Education.

LUSH Fresh Handmade Cosmetics**Dec 2008- Mar 2010**

- Customer Service, Sales, Ordering and Receiving, Floor Supervisor, Schedule making.

Marinucci's Italian Market**2006-2007**

- Customer Service, Sales, Food Preparation

Interests

My love of the wilderness gets stronger every day, spending time in nature and exploring has always been a big part of my life. I have recently taken up an interest in bush craft and survival. I spend most of my time rock climbing, hiking, camping, biking and in the winter I snowboard. This winter I have had the opportunity to ice climb for the first time and now I am hooked. When I am not outside I enjoy reading, cooking and socializing. I love to travel and when I turned eighteen I planned a 4-month trip to India and Southeast Asia. I spent the summer of 2013 living in a tent in beautiful Carcross, YT. In the fall semester of 2013 I was nominated for and won the 'MEC Outdoor Leadership' Scholarship. I am also the student representative for the Ecotourism and Outdoor Leadership Alumni Chapter at Mount Royal University.